



New boxing club is a total knock-out!

In the first of a regular feature on local residents, we talk to Tony Hurrell, founder and coach of Marks Gate Boxing Club.

Tony saw the demand for organised children's sport in Marks Gate and used his passion to create a boxing club for local youngsters. He runs two learn to box sessions every Friday, one for 8 - 10 year olds and another for 11 -15 year olds. This club has proven to be a hit already, as it is already at capacity.

Tony has been boxing for twelve years and was inspired by his younger brother, who found boxing just as he was heading down the wrong path, and it helped him turn his life around.

But, it was his daughter who motivated him to get the ball rolling and create the club after she shared her aspiration of opening a gym in the area.

Tony hopes that the boxing club will offer the kids and teens in the community a potential lifelong passion



and teach them the importance of fitness from a young age. It is also a part of his long-term vision, with the end goal being a purpose-built boxing gym in Marks Gate for an amateur boxing club, which will give children the facilities to excel in boxing and achieve their potential.

In Tony's words: "Sport can help you realise your potential, and the sooner you realise this, the more life changing it is.

That's why I wanted to offer this service to the children in Marks Gate, to teach them, to guide them to reach their goals.

Boxing is about motivation just as much as it's about skill, which is why a club is useful when you are first starting out, as seeing other people's success can activate motivation in you."

Well said Tony.

Local Business Highlight



"I started my small business, Dreamy Bakes about one year ago. We offer homemade bakes and hampers for all occasions."

Farhana (Dreamy Bakes Owner)

To order, direct message Farhana @dreamy_bakes_x on Instagram



Be First Bulletin

The latest news from our projects in the area.

Join Our Community Forum

Thank you to everyone who gave us ideas and suggestions for the future of Marks Gate during our engagement this summer. We are looking at these now as part of what we call 'the Marks Gate Vision' project. In the new year we plan to start further consultation with the community on options to improve the area.

As part of this, we are creating a new Marks Gate Community Forum to work with us on our projects and want a variety of resident voices involved. There are up to 14 places available with no age limit but under 18s will need consent from a parent or guardian. This is an opportunity to learn new skills, raise the profile of the local community and influence change. For further details, please email marksgate@engacecf.co.uk

Padnall Lake

The Padnall Lake development is under way to deliver new homes and a revitalised lake that will provide better public access, increase biodiversity and wildlife and once again be a local highlight for residents to enjoy. Come along to "Meet the Contractors" event on Thursday 20 January to find out how you can get involved with new planting and landscaping around the lake. In addition, the Community Forum will be helping to co-design the new public realm areas, looking at landscaping ideas such as lighting, planting and seating.

Come See Us

Our team will be at the Christmas Community Market on Saturday 11 December with more information about the Community Forum and Vision project, so do come by as we'd love to speak to you!



Wordsearch

- Sheepcotes
- Crabtree
- Padnall
- Gregory
- Rosehatch
- Newhouse
- Woodrush
- Tantony
- Longhays
- Arneways
- Billet
- Rose
- Gibbfield
- Thatches
- Uplands

Q O K M F K R Z E M T O O U H
 I S X X J D V N A B Y I P M O
 W F U G N G T J O W S W L Z J
 Z G I M K I A V R R H X C F S
 P H I B D B N U O X E G Q T T
 Z A J A C B T P S B E R R Z H
 R D D R O F O L E I P E E N A
 O T P N V I N A G L C G Z E T
 S J U E A E Y N B L O O F W C
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 H K F A Z D L S D T E Y T O E
 A Q M Y T O M L F H S Q C U S
 T M I S B W O O D R U S H S C
 C L O N G H A Y E S N D N E C
 H K Q Q C R A B T R E E Y T C



Opportunities



Health and Social Care Training

Crèche Facility Provided

Are you interested in working within the care industry? We have an exciting training opportunity for women who are residents of Marks Gate and Chadwell Heath.

We are keen to hear from you if you are seeking to change careers, build your confidence, or interested in employment within the care industry.

Enrolling on our four weeks programme will offer you one-to-one employability support, bespoke skills training to help with career progression and further learning to progress to NVQ qualifications.

Spaces are limited, and priority will be given to those with disabilities or barriers preventing them from securing training or employment.

To register your interest email:
rwaab_uk@yahoo.com or call 078 4812 1441.

Take charge of your finances

A free budgeting and saving workshop to support residents with a New Year's resolution to save more, earn more and with low financial stress. The Money Mentors course will build your money management skills and give you the skills and confidence to support, oversee and take charge of your finances.

People have saved £500+ on average by applying what they learned from the course. In November, a resident saved £150 on her utility bills. Join us in the new year for your chance to save up to £500 on your bills.

To register, email:
tanzila@moneyaande.co.uk or call 07898654428.

Wednesdays
12:30 pm - 2:45 pm

St Marks Church Centre
Belben Court
165 Rose Lane
RM6 5NR

Feel free to pop in and let the children play while you have a chat with parents/guardians. Tea, coffee & juice provided.

50p per child
(under six months free)
£1 per adult

Ward Councillors Corner

Murphy Report



We are proud to have sponsored the “Countdown to Christmas” this month, which was a fantastic event to kick-off the festive season.

Come see us and HTA Design Landscape Architects on Thursday 20 January at “Meet the Contractors” to talk about progress and see the exciting plans for improvements to Padnall Lake. There will be two sessions, one in the afternoon and one in the evening. Further details about times and location will follow soon via a dedicated flyer through your door.

Looking ahead to 2022, our teams will be visiting Rose Lane Primary School and The Warren School to provide site safety talks and support careers days to inspire pupils interested in learning more about what it’s like to work in construction.

Improving Padnall Lake

We have started work to improve the lake by removing all the rubbish and cleaning the water. Moving across the lake in stages from West to East, we will be pumping out water, cleaning and desilting. Specialist experts are working alongside us to relocate the fish within the lake, away from where we are working.

Our approach for each section of the lake is:

- Install a dam to isolate the working section of the lake;
- Employ a specialist team to relocate the fish from the working section to the remaining part of the lake.
- A special permit for this activity has been obtained by the Environmental Agency;
- Pump the water from the working section to the remaining part of the lake;
- De-silt and clean this section of the lake;
- Install Gabion Baskets in the perimeter of the lake with a fixed wildfowl fencing;
- Remove the dam and raise the water to previous levels.

As well as improving the lake, we will be planting new trees and a variety of plant life. As part of this landscape design, some existing trees will need to be removed under the guidance of an ecologist.

These works are due for completion by the **end of January**, after which there will be opportunities for volunteers to get involved with the next stages of landscaping.

To find out more about how you can help and what the area will eventually look like, come along to our event on **Thursday 20 January**.



Cllr Mohammed Khan • Cllr Sade Bright • Cllr Simon Perry

We’re delighted to help launch this first edition of the Marks Gate newspaper.

As your ward councillors, we know a lot is happening in this area and more planned. So, we are keen to make sure you are as up-to-date as possible so that you and your neighbours are able to get involved in moulding and shaping the future of the area.

Equally important, Marks Gate is a lively, vibrant place, and a lot is going on. We’re interested in hearing your stories and

publicising your activities so that we strengthen our community and celebrate and support each other’s events and achievements.

Please give the editorial team your thoughts and feedback about this edition – we’re keen to make the newsletter a success.

And, don’t forget we each hold regular surgeries at the Marks Gate Community Centre, so do get in touch if we can help you. Details are available on the council’s website.

Work on Padnall Road

From Wednesday 8 December, we plan to complete our Padnall Road site entrance to allow for safer vehicle access. This work should be completed by Friday 17 December.

Would you like to feature in our next Marks Gate Matters?

If you are a local resident, business owner or community group, we want to hear from you! Get in touch by emailing communities@befirst.london

